Get Organized

- Keep your backpack and locker organized
- Color code and have separate notebooks & folders for each class
- Use a planner to keep track of assignments and due dates

Things to practice

- Opening a combination lock
- Waking up early
- Using a planner
- Reading your class schedule
- Stress relief techniques

Things you can talk to your parent or mentor about

- Ask about their middle school experiences
- Talk about your fears or concerns about going to a new school
- Look through extra curricular activities or clubs and talk about what you could get involved in!
- Asking your parent or mentor to tell stories about their experiences in middle school will not only give you insight into what to expect, but you might get a good laugh out of it too!