Finding things to do with your mentee can be difficult. Certain activities can be limited to the upcoming seasonal changes.

Below will be outdoor activities that can be done up until the winter months.

**Hiking Trails**
- Three Rivers Heritage Trail System
- Rachel Carson Trail
- Harrison Hills County Park
- Over 700 outdoor stairways!

**Biking Trails**
- Three Rivers Heritage Trail
- Eliza Furance Trail
- Great Allegheny Passage
- If you’re into off-roading, check out Pittsburgh Off-Road Cyclists/Trails
- Bike the Burgh tours

**Watering Trails**
- Row on the Allegheny and Monongahela through Three Rivers Rowing
- Kayak Pittsburgh
- Over 15 marinas!
- And four public boat launches!

**City Parks**
- Emerald View Park
- Riverview Park
- Schenley Park
- And more!

**State Parks**
- Point State Park
- Laurel Highlands
- Ohiopyle State Park
- McConnells Mill State Park and more!

**Other Various Activities**
- Pittsburgh Parasailing
- Wake Up Pittsburgh
- SurfSUP Adventures
- Western Pennsylvania Sports Museum with outdoor activities!

Please use this website for more additional information about directions to each place and more activities: [www.visitpgh.com/things-to-do/outdoor-adventure/](http://www.visitpgh.com/things-to-do/outdoor-adventure/)
Here are a few activities that you can do in your backyard:

**Water Balloon Piñatas**

Materials you need:
1) Water balloons
2) Rope and/or string
3) Tree branch and/or strong structure
4) Bat and/or stick
5) Blindfold

**Directions:**
- Tie a line of rope from branch to branch however long you prefer it
  *you can also use the tree branch itself as well if you can’t tie the line*
- Fill up the water balloons until the balloon is a medium to large size
- Use the string and/or rope to tie to the branch and hang from the tree
- Then tie the water balloon to the string and/or rope and let the balloon hang
- Get a bat or stick and have fun!

**Autumn Scavenger Hunt**

Materials you need:
1) A list for your mentee
2) Autumn objects around you (red/yellow leaves, dry leaves, pinecone, moss, acorns, etc.)

- You can take your mentee on the hike through the woods to find the objects or just use your backyard to create the scavenger hunt