



## Amachi Pittsburgh Guide to Community Resources

Help is here if you need it.

### PA 2-1-1

Offers a comprehensive online directory for various social service programs in and around Allegheny County.

Visit [www.pa211sw.org](http://www.pa211sw.org) or dial 2-1-1 (toll free).

### Job Training, Education and Employment

**Imagine Pittsburgh** – over 25,000 available jobs in the greater Pittsburgh area and resources for job training and establishing connections in the field of your choice.

Visit [www.imaginepittsburgh.com](http://www.imaginepittsburgh.com) and click on “work” or “learn.”

**Careerlink** – Pennsylvania’s system for workforce development. Offers employment and training opportunities, assistance with child care and vocational testing.

Visit [www.careerlinkpittsburgh.com](http://www.careerlinkpittsburgh.com) or call 412-552-7100.

**Community College of Allegheny County** – the school’s Bridge to College and Career Pathways offers GED preparation classes and potential scholarships.

Visit [www.ccac.edu](http://www.ccac.edu) and search for Adult Education Alternatives or call 412-237-2525.

**Greater Pittsburgh Literacy Council** – GED programs, workplace development, family learning, language proficiency, health literacy programs.

Visit [www.gplc.org](http://www.gplc.org) or call 412-393-7600.

**Trade Institute of Pittsburgh** – trains individuals with and without criminal records to work in trade fields.

Call 412-580-4822 to learn more.

## Family and Mental Health Services

**Familylinks** – broad spectrum services including outpatient drug and alcohol treatment, mental and behavioral health services, education services, and teen programs.

Visit [www.familylinks.org](http://www.familylinks.org) or call 866-583-6003 to learn more.

**Family Resources** – supportive services for growing children including abuse prevention, support groups, parent education classes, community based healing centers, outpatient psychotherapy, crisis intervention and family-based mental health services.

Visit [www.familyresourcesofpa.org](http://www.familyresourcesofpa.org) or call 412-363-1702 to learn more.



**Mon Yough Community Services** – drug and alcohol rehabilitation services, help with intellectually and/or developmentally disabled individuals, residential services, service coordinator and vocational services.

Visit [www.mycs.org](http://www.mycs.org) or call 412-675-8530 to learn more.

**Mercy Behavioral Health** – mental health treatment, help with intellectual disabilities, drug and alcohol treatment, crisis center, integrated health care.

Visit [www.mercybehavioral.org](http://www.mercybehavioral.org) or call 1-877-637-2924 to learn more.

**Children, Youth and Families (CYF)** – the Allegheny County Department of Human Services is committed to child safety and stability. DHS offers family strengthening programs and an early childhood education program, among many others.

Visit [www.alleghenycounty.us.dhs/children](http://www.alleghenycounty.us.dhs/children) or call 412-350-5701 for more information.

## Food, Housing and Emergency Shelter

**Hunger Services Network** – emergency food assistance, food for early development and assistance registering for the Supplemental Nutrition Assistance Program (SNAP).

Visit [www.ulpgh.org](http://www.ulpgh.org) and search for Hunger Services or call 1-866-395-3663.

**Greater Pittsburgh Community Food Bank** – help finding a food pantry or soup kitchen, help registering for SNAP benefits, fresh produce programs, senior food programs.

Visit [www.pittsburghfoodbank.org](http://www.pittsburghfoodbank.org) or call 412-460-3663 for more information.

**Just Harvest** – can help you register for SNAP benefits and advocates for food and public welfare programs.

Visit [www.justharvest.org](http://www.justharvest.org) or call 412-431-8960 to learn more.

**Women, Infants and Children (WIC)** - serves income eligible and nutritionally at-risk pregnant women and their children up to the age of five. Offers nutrition counseling, support, and food vouchers for nutritious foods.

Visit [www.achd.net/wic](http://www.achd.net/wic) or call 412-350-7240 to learn more.

**Womanspace East** - an emergency shelter for women and children.

Call 412-765-2661 for help.

**Center for Victims** – a temporary shelter for female victims of violent crime.

Call 412-482-3240 for help.



**Women’s Center and Shelter of Greater Pittsburgh** – a domestic violence shelter.

Call 412-687-8005 for help.

**East End Cooperative Ministries** – transitional housing for men.

Call 412-345-7148 for help.

**Action Housing** – provides safe, affordable housing when grants are available.

Call 412-281-2102 to learn more.

**Allegheny County Housing Authority** – provides voucher program for affordable housing units throughout the County.

Call 412-355-8940 to learn more.

## Infant and Maternity Support

**Welcome Little Ones** - pregnancy support and family planning assistance.

Call 412-391-6862 for help.

**Community Mother’s Help Chest** – assistance for new mothers.

Call 412-271-1607 to learn more.

**Genesis of Pittsburgh** – offers counseling, maternity facility, pregnancy testing, maternity and infant clothing, educational classes, baby equipment and supplies.

Visit [www.genesispg.org](http://www.genesispg.org) or call 412-766-2693 to learn more.

**Catholic Charities' Roselia Program** – support and assistance for possibly pregnant and pregnant women, and those who are parenting an infant to age one. Also has programs for the biological fathers.

Call 412-456-6999 or visit [www.ccpgh.org](http://www.ccpgh.org).



**Central Pittsburgh Pregnancy Care Center** – used baby furniture, maternity and infant clothing, support.

Call 412-687-7767 to learn more.

## Financial, Legal and Utility

**Dollar Energy Fund** – assists utility customers with a grant up to \$500 that is directly applied to your overdue utility bill. Participants must meet income and payment eligibility guidelines.

To find an agency screening for Dollar Energy, visit: <http://www.hardshiptools.org/AgencyFinder.aspx> or call your local gas company to see if they participate in the program and how to apply.

**Low Income Home Energy Assistance Program (LIHEAP)** – a federal program that assists income-eligible families with their heating and energy costs. Pennsylvania also participates in home weatherization.

Contact the LIHEAP assistance line for Allegheny County by calling 412-562-0330.

**Catholic Charities** – offers budgeting, financial literacy and planning, employment services, disaster relief, utility assistance, and more.

Call 412-456-6999 or visit [www.ccpgh.org](http://www.ccpgh.org).

**University of Pittsburgh Law School Clinics** – current law students at the University of Pittsburgh gain practice by offering supervised free assistance to income-eligible families needing legal help.

Call 412-648-1300 to learn more.



1830 Forbes Avenue,  
2nd Floor  
Pittsburgh, PA 15219  
412.281.1288  
[www.AmachiPgh.org](http://www.AmachiPgh.org)